**R\**

**FOR MORE INFORMATION**

The Buckingham County Department of Parks & Recreation strives to provide quality recreational opportunities for all ages and members of the community. Our summer program guide outlines several of the programs we will be offering throughout the summer and into the fall of 2017. Additional programs are offered as we develop new and exciting opportunities to bring to you! Please be sure to visit our websites, like us on Facebook, or call our office to learn more about these programs and other programs that we offer throughout the year!

**Contact Information:**

**Todd Shumaker**

Director, Buckingham County Department of Parks & Recreation

Address: 13380 West James Anderson Highway, Buckingham, VA 23921

Phone: 434-969-4242

Fax: 434-969-1638

Email: Tshumaker@buckinghamcounty.virginia.gov

**Tiffany Ownby**

Assistant Director, Buckingham County Department of Parks & Recreation

Address: 13380 West James Anderson Highway, Buckingham, VA 23921

Phone: 434-969-4242

Cell Phone: 434-808-6165

Fax: 434-969-1638

Email: Townby@buckinghamcounty.virginia.gov

**Mailing Address:**

Buckingham County Recreation Department

P.O. Box 252

Buckingham, VA 23921

**Websites:** www.buckinghamcountyva.org

www.buckinghamrec.net

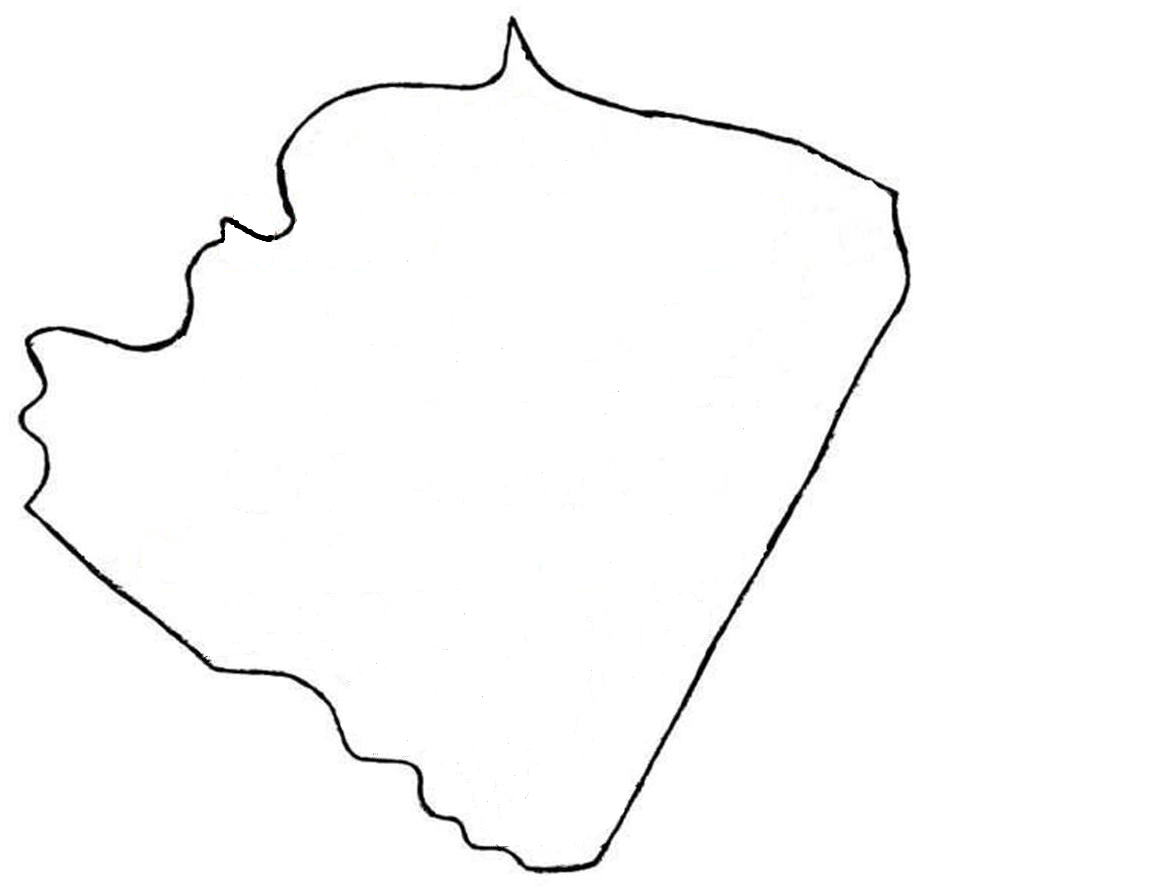
**Facebook:** Buckingham County Parks & Recreation

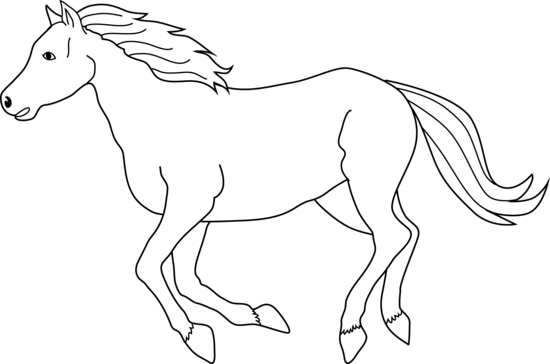
Please visit our websites for program information and additional registration forms.

**BUCKINGHAM COUNTY**

**PARKS & RECREATION**

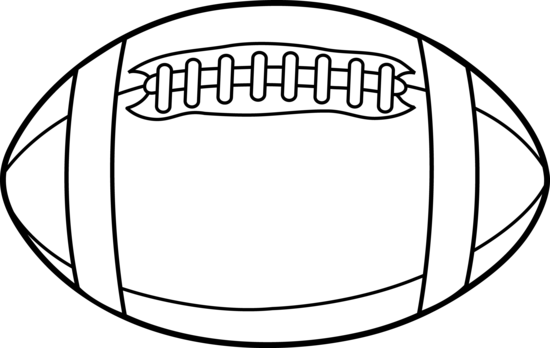
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**Get Out & Play Buckingham**

[](https://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjxxrGj2qvTAhUIfiYKHYaJCSIQjRwIBw&url=https://clipartfest.com/categories/view/e7cbd7e6741ee47e6127c31c6213f1433fe21883/ballet-shoes-images-clip-art.html&bvm=bv.152479541,d.amc&psig=AFQjCNEQrYrn5LVLnmkNO6-SyHGGjvgPgw&ust=1492525861170080)

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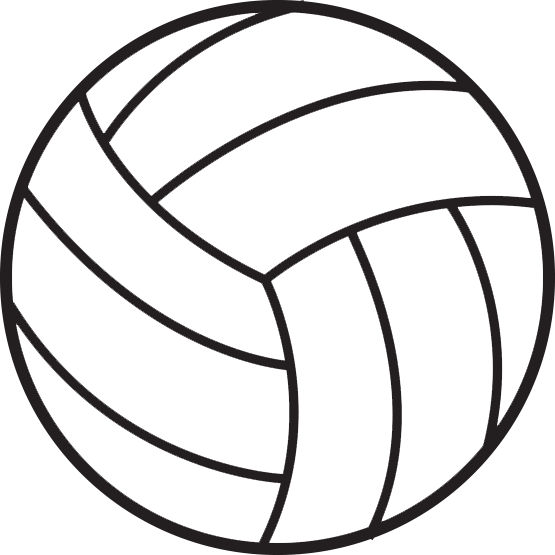
[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjAoYrE2avTAhUHZCYKHcNICFAQjRwIBw&url=http://pokemon-go-play.online/brandsbdwn-baseball-clipart-black-and-white.htm&psig=AFQjCNFP-tkoKL0ecIbjqtqh0_kuG8yzbg&ust=1492525634936286)

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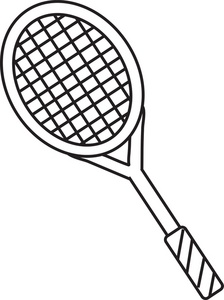
**Buckingham County Parks & Recreation**

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjgjdmB26vTAhXCSCYKHcooB3QQjRwIBw&url=http://worldartsme.com/acoustic-guitar-logos-clipart.html&bvm=bv.152479541,d.amc&psig=AFQjCNFenA2o3qHs9vjr9pejP3T_bQg8ew&ust=1492526057722352)

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[](https://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjB18iW2qvTAhWCbiYKHTmyAaMQjRwIBw&url=https://clipartfest.com/categories/view/f1523f24fc9f5d52088783eb99f33f652e723842/playing-soccer-clipart-black-and-white.html&bvm=bv.152479541,d.amc&psig=AFQjCNENrPcm4mHTeW_PTwuFwwRYzxgcVg&ust=1492525827089727)

**2017 SUMMER**

**PROGRAM GUIDE**

GIRL SCOUTS

At Girl Scouts, girls are always counting down to the next adventure they’ll go on together. Maybe it’s artistic. Maybe it’s an experiment. Maybe it’s getting outside or helping the community. With us, you’ll make a bunch of new friends and have a ton of new experiences that show you how exciting the world is, and how awesome you are, over and over again.

**Buckingham County Girl Scouts are accepting K-8 girls and**

**Adult Volunteers to join us in our journey.**

**Please contact:**

Deirdre Kellner

Membership Manager, NE

[dkellner@gsvs.org](mailto:dkellner@gsvs.org)

[434-382-8013](tel:434-382-8013)

[www.gsvsc.org](http://www.gsvsc.org)

**Our Mission**Girl Scouts builds girls of courage, confidence, and character, who make the world a better place.

**The Girl Scout Leadership Experience**We have identified three keys to leadership: girls discover themselves and their values; connect with others; and take action to make the world a better place. At Girl Scouts, everything centers on the girl: activities are girl-led, which gives girls the opportunity to learn by doing in a cooperative learning environment.



Buckingham County Recreation Department Registration Form

Please complete registration form and mail to

Buckingham County Recreation Department

P.O. Box 252, Buckingham, VA 23921

Name of Program\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Age\_\_\_\_\_\_\_\_\_\_\_\_ Birthday\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Contact: Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Phone\_\_\_\_\_\_\_\_\_\_\_\_\_

Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ State\_\_\_\_\_\_ Zip\_\_\_\_\_\_\_\_\_\_\_\_

Email\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Signature of Parent/Guardian (If under 18)

**T-Shirt Size: (Circle One)**

Youth Small Youth Medium Youth Large

Adult Small Adult Medium Adult Large Adult X-Large

Buckingham County Recreation Department Registration Form

Please complete registration form and mail to

Buckingham County Recreation Department

P.O. Box 252, Buckingham, VA 23921

Name of Program\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Age\_\_\_\_\_\_\_\_\_\_\_\_ Birthday\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Contact: Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Phone\_\_\_\_\_\_\_\_\_\_\_\_\_

Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ State\_\_\_\_\_\_ Zip\_\_\_\_\_\_\_\_\_\_\_\_

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Signature of Parent/Guardian (If under 18)

**T-Shirt Size: (Circle One)**

Youth Small Youth Medium Youth Large

Adult Small Adult Medium Adult Large Adult X-Large

Buckingham Active Senior Citizens

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwi3s4f3ie7LAhWHJx4KHYnJByQQjRwIBw&url=http://worldartsme.com/adults/?order%3Dviews&bvm=bv.118443451,d.dmo&psig=AFQjCNF1Wpyv-vf4ODqQlmSfZkWltHBXig&ust=1459621938481577)

The Buckingham Active Seniors is a fun group of individuals, ages 50 and above, from all back grounds who come together to share common interest and explore new ones. We do much more than have meetings! We enjoy going on trips and tours, fundraising events, community service projects, celebrations, and more! We love to have fun as well as giving back to our community. Our membership is FREE!

The Buckingham Active Seniors has grown tremendously since their start in late 2010 and we hope to continue to grow every day. We strive for positive, informative, and enjoyable quality programs and events for our members to participate in. We are more than just a group, we are a family!

Our goals are to provide fun and exciting activities to our senior citizens in Buckingham County. We want to educate seniors and give back to others. We want to make a difference in other people’s lives and our community.

**Meeting Date:** Second Tuesday of each month

**Time:** 1:30 PM

**Location:** The Old Dillwyn Primary School

(Across from Fas Mart in Dillwyn)

We welcome you to join us and bring a friend!

Swimming Lessons

**Nazarene Campground** (across from Buckingham Middle School)

**Early Swimmers:** $25.00 **All Other Classes:** $40.00

Late Signups will be charged an additional $5.00 per child

Evening classes will be starting in July. Please stay updated on our Facebook page or our website www.buckinghamrec.net for dates and times.

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjrmbie2f_LAhWCQyYKHc1sBckQjRwIBw&url=http://www.canstockphoto.com/vector-clipart/swimmer.html&bvm=bv.118817766,bs.1,d.dmo&psig=AFQjCNFCr2aUDhpYt_5Cyrn7t7zSymBxxQ&ust=1460227414235556)

Your child will be assessed on their basic water treading abilities and from there will be worked with by our instructors on developing their motor skills in the water that include: proper strokes (No doggy Paddles), kicking, floating, breathing, buoyancy, and treading. Advanced classes will focus on underwater techniques, diving, and stroke development.

\*Children will not use water wings or floaties.

Classes fill quickly and are limited in size! Register now!

For quick and easy registration visit our website… www.buckinghamrec.net.

Co-Ed Soccer Signups Ages 4-5

**Dates:** July 25 & 26, August 8 & 10, 2017

**Time:** 5:30PM to 6:30PM

**Signup Location:** Soccer Fields behind Dollar General

**Practice Days:** Mondays & Wednesdays

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjWqZao1fXLAhWMMj4KHRRFD-sQjRwIBw&url=http://www.kidopo.com/coloring-pages/sports/&bvm=bv.118443451,d.dmo&psig=AFQjCNFulZqJlWPNisIIXlOaQJSAuWtz1A&ust=1459882767913620)

**Ages:** 4-5

**Cost:** $40.00

$45.00 if signup after September 13, 2017

**Soccer Season will start August 21, 2017.**

If any adults would like to help coach, please contact 434-969-4242.

**Create an account on our recreation website for quick and easy registration at** [**www.buckinghamrec.net**](http://www.buckinghamrec.net)**.**

Co-Ed Soccer Signups Ages 6-17

**Dates:** July 25 & 26, 2017

**Time:** 5:30PM to 6:30PM

**Location:** Soccer Fields behind Dollar General Store

**Practice Days:** Tuesdays & Thursdays

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwiD47ij1vXLAhVJNj4KHTO3C-QQjRwIBw&url=http://www.clipartbest.com/soccer-ball-clipart-black-and-white&bvm=bv.118443451,d.dmo&psig=AFQjCNFegddcNLSg8P5MDq7I5cfMUOQKBA&ust=1459883034360309)

**Ages:** 6-17

**Cost:** $45.00

$50.00 if signup after August 24, 2017

**Soccer Season will start August 8, 2017.**

If any adults would like to help coach, please contact 434-969-4242.

**Create an account on our recreation website for quick and easy registration at** [**www.buckinghamrec.net**](http://www.buckinghamrec.net)**.**

Buckingham Instructional Co-Ed Basketball Camp

**Camp:** July 10-13, 2017

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwiK0qX0yvXLAhVE8z4KHTeqC-kQjRwIBw&url=http://www.gallerydirect.com/marketplace/search?q%3Dbasketball%2Bhoop&bvm=bv.118443451,d.dmo&psig=AFQjCNFTxwGSDpnyKh8UCSe6JztvdA-_BQ&ust=1459879952175633)

**Time:** 9:00AM to 12:00PM

**Ages:** 7-14

**Location:** Maysville Baptist Church Gym

**Fee:** $30.00 (Includes T-shirt)

**Head Instructor:** Dwayne Braxton, Former Player- James Madison University

**Instructor:** Rick Caldwell, Former Player- Hampden Sydney College

**Deadline:** June 26th, 2017

For quick and easy registration visit our website at www.buckinghamrec.net

Summer Arts Camp

[](https://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjB_ZnMxvXLAhUEWT4KHcKdA-UQjRwIBw&url=https://www.pinterest.com/pin/569775790327496421/&bvm=bv.118443451,d.dmo&psig=AFQjCNEgjSHxOvx3U92EmD2kU--I4duJzQ&ust=1459878809008487)

Date: July 10-14, 2017

Time: 9:00AM to 3:00PM

Ages: 7-14 years old

Location: Buckingham Arts Center

Cost: $35.00 first child, $30.00 each additional child

$5.00 discount for BCAC members or for multiple children of the same family

**Make checks payable to: Buckingham County Arts Council**

* Dancing, Pottery, Sculpture, Polymer Clay, Enameling, Watercolors, and more
* Team Leaders positions still available

**To register early or for more information please contact**

**Sakina Sawtelle at 434-969-2951 or 434-390-2671**

Buckingham County

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwja_sa1wPXLAhWGeT4KHd9sA_MQjRwIBw&url=http://florida4h.org/about/emblem/clip-art/4-h-emblems/&bvm=bv.118443451,d.dmo&psig=AFQjCNG32AjBmFqiTn0YfibjGVqVsdSzjQ&ust=1459877104922935)

4-H Summer Programs

**June 16-18 Cloverbud Weekend at Holiday Lake 4-H Center (Overnight) (Ages 5-8)**

Cost: $87 prior to May 26th; $97 after May 26th

(Drop off at 4-H Center 4:00PM Friday; Pick up 10:30AM Sunday)

Cloverbud youth are grouped by county for lodging and classes. Trained teen and adult leaders supervise them at a ratio of one leader to 5 youth. Camp staff members teach classes and lead programs. This is a district-wide camp and is limited to 60 girls and 60 boys. Sign up early!

**July 5-7 Cloverbud Summer Sensation (Day Camp) (Ages 5-8)**

Cost: $35 **(**8:00AM - 4:30PM; Pack lunch)

Theme: STEM Exploration

Spend time in various activities, crafts, and a field trip exploring STEM (Science, Technology, engineering, and Math). There will also be plenty of time for fun and games!

**May 23 4-H BBQ / GrillMaster Workshop (One-Day Program) (Ages 9-13)**

Cost: $15 (8:00AM – 4:30PM; Lunch Provided)

Theme: Outdoor Grilling

Learn how to grill. Participants will make hamburgers for lunch and will cook chicken quarters (4) using the famous 4-H chicken-que recipe to take home for dinner. Enjoy snacks, crafts, & games too.

**June 12- 16 Jr. 4-H Camp at Holiday Lake 4-H Center (Overnight) (Ages 9-13)**

Cost: $230 after April 17; Discounts for additional immediate family members

Theme: To be Determined

Youth from Buckingham, Charlotte, and Prince Edward spend a week of fun-filled activities at 4-H Camp. Take classes such as swimming, archery, rock wall, canoeing, leathercraft and more. Enjoy recreation every afternoon and exciting evening programs including two campfires.

**July 10-13 Summer Sensation (Day Camp) (Ages 9-13)**

Cost: $40 (8:00AM - 4:30PM; Pack lunch)

Theme: STEM Exploration

Spend time in various activities, crafts, and field trips exploring STEM (Science, Technology, engineering, and Math). There will also be plenty of time for fun and games!

**June 27 4-H Fun Art Day (One-Day Program) (Ages 5-18)**

Cost: $35 (8:00AM - 4:30PM; Pack lunch)

Theme: Painting and More

We are still ironing out the details of this camp, but plan to paint a canvas with step by step instruction, explore other artistic media, and have time to play outside, too!

**July 10-12 Intermediate 4-H Congress (Overnight Camp) (Ages 11-13)**

Cost: $150 Theme: Leadership and Citizenship

Held on campus of Virginia State University, this is an outstanding event for youth to learn leadership skills while meeting other pre-teens from around the state. Transportation is not provided. REGISTRATION IS LIMITED TO THE FIRST 50 STATEWIDE and must be completed online at http://vsu.qualtrics.com/SE/?SID=SV\_9tztM5WQgJrxJ65

**June 19-22 State 4-H Congress (Overnight Camp) (Ages 14-18)**

Cost: $220.00 Theme: Leadership and Citizenship

Four packed days on the campus of Virginia Tech exploring career paths, learning leadership skills, and much more. Transportation is not provided. Must register online by May 5th. Call 969-4261 for details.

**Please contact the Buckingham County Extension Agency at 434-969-4261 to sign up now or for more information on helping out!**

Holliday Lake State Park

2759 State Park Road, Appomattox, VA 24522

**2017 Schedule of Events**

May 20th National Kids to Parks Day

June 3rd Clean the Bay Day: Lake Clean Up

National Trails Day: Without a Trace Hike

June 10th National Get Outdoors Day

June 24th Great American Campout

September 30th National Public Lands Day: Lake Cleanup

**National Kids to Parks Day**

Location: Jones Family Cemetery (Behind Concession)

**Beneath the Surface**

Location: T-Dock near Beach

This fun activity is offered many nights throughout the summer.

Grab a flashlight and explore what lies in the depths below.

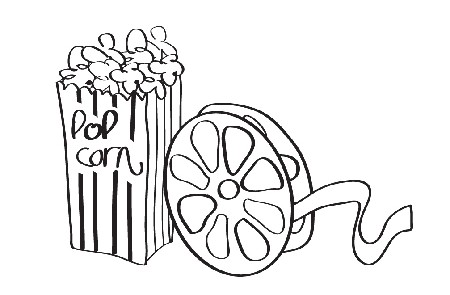
Public Swimming is available at Holliday Lake State Park beach Memorial Day weekends through Labor Day weekend. There is a fee for beach swimming. Please call or visit the website listed below for park fees. Discount swim coupons and annual swimming passes are available at the park only.

**Holliday Lake State Park has a lot more to offer! Check out their website below!**

Please contact 434-248-6308 or go online [www.dcr.virginia.gov/state-parks/holliday-lake](http://www.dcr.virginia.gov/state-parks/holliday-lake) for more information about these events.

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwiQr4nSvPXLAhUJND4KHezrC-wQjRwIBw&url=http://www.fotosearch.com/photos-images/black-white-version-two-young-boys-enjoying-boat-ride.html&bvm=bv.118443451,d.dmo&psig=AFQjCNEV26eqalPgv-WfXhQ5Wc7dZpYgwQ&ust=1459876154964077)

Movie Night

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjr3Irv-47MAhWJcz4KHUwDC0IQjRwIBw&url=http://clipartbold.com/movie-reel-clip-art.html&bvm=bv.119408272,d.cWw&psig=AFQjCNHW3-UqrP2334W5jRzRGs-fYCvX3Q&ust=1460752120233676)

In The Park!

We are excited to offer fun for the whole family with “Movie Night In The Park”

Friday, August 4, 2017

Buckingham County Community Park

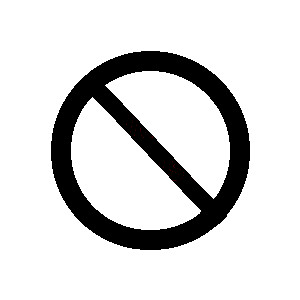
(Behind Dollar General in Dillwyn)

Gates Open at 7:00PM

Movie begins at dusk (Approximately 8:30PM)

Please bring a blanket or lawn chair with you. Please be courteous to those around you and do not block your neighbor’s view. Ground seating only for the first 25 feet.

Outside food and picnic items are welcome. Concessions are also available to support local community organizations.

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=&url=http://www.polyvore.com/templates/collection?id%3D479743&bvm=bv.119408272,d.cWw&psig=AFQjCNGHscl76SHUda_98uj6WII_BV_RmA&ust=1460752255532582)

**NO ALCOHOL**

**NO PETS**

**Karate Program**

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjh1bbRjPXLAhWG1h4KHeWeDCUQjRwIBw&url=http://clipartfort.com/clipartfort/?level%3Dpicture%26id%3D170&v6u=https://s-v6exp1-ds.metric.gstatic.com/gen_204?ip%3D216.235.228.156%26ts%3D1459776766755637%26auth%3Dpjo5twjczsgj2fqb73nyfed6ix4tsnlv%26rndm%3D0.7634663752405013&v6s=2&v6t=112223&bvm=bv.118443451,d.dmo&psig=AFQjCNHE_fgFAwvJ2EigrYaP19QR8uZa8g&ust=1459863216523825)

Come try out this great program!

* Learn Discipline
* Learn Self-Defense
* Build Confidence
* Build Character
* Become Motivated

**Location:** Buckingham Agriculture Building

Every Wednesday (Year-Round)

**Time:** 3:30PM to 5:30PM

**Fee:** $38.00 per month

**Ages:** 4 to Adult

**Instructor:** James Walker



**Quick Start Tennis**

**Date:** June 19-23, 2017

**Time:** 9:00AM to 11:00AM

**Location:** Buckingham High School

**Ages:** 6 to 11

**Fee:** $20.00

**Deadline:** June 15, 2017

**Instructor:** Zelda Maxie

Quick Start Tennis is a growing program that USTA (United States Tennis Association) has developed. This program introduces tennis to youth at an earlier age. The equipment is made in a smaller version so

children can learn while having fun playing tennis.

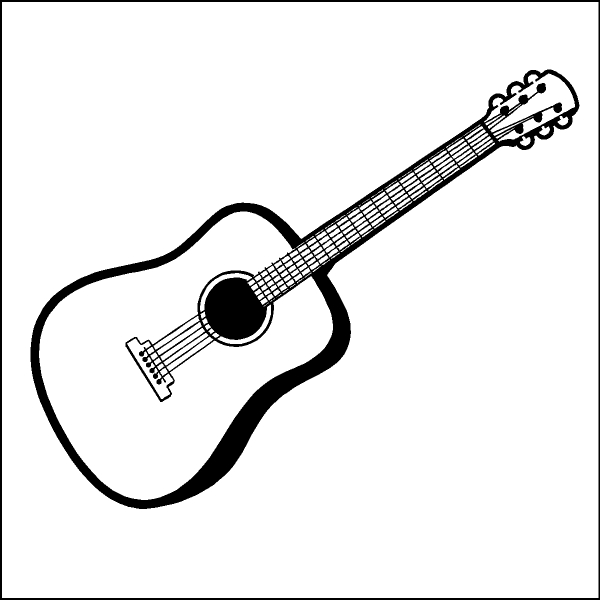
**Sawtelle School of Performing Arts & Awareness**

Year Round Classes

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwj1q6HAk_XLAhUFNj4KHdZYBesQjRwIBw&url=http://clipsuper.com/ballet-clip-art-black-and-white.html&bvm=bv.118443451,d.dmo&psig=AFQjCNFbyK7uXOd6MjOu3u3otAjKJOgzPA&ust=1459865108291287)

**Location:** Buckingham Arts Center

**Instructor:** Sakina Sawtelle

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwiPutr6k_XLAhVMbT4KHecwA-0QjRwIBw&url=http://clipartfreefor.com/files/8/136447.html&bvm=bv.118443451,d.dmo&psig=AFQjCNFyvXVhqjUk68mpJK9Z01eMJPBhEg&ust=1459865236497815)

-Domestic Arts

-Reiki  
-Meditation

-Circle of Friends Gathering

-Music Lessons (Piano & Guitar)

-Creative Dance which includes Ballet, Tap, Jazz, and Modern Dance

-Exercise classes incorporating Aerobics, Yoga, and Pilates

**Call 434-969-2951 or 434-390-2671**

**for information about classes and fees.**

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjKhsbAl77MAhXD2T4KHSSTCSsQjRwIBw&url=http://kennethagua.blogspot.com/2012/10/sports-in-my-life.html&bvm=bv.121070826,d.cWw&psig=AFQjCNHyeMssiJLE2JoHmPb6bHxLjTG8dw&ust=1462374444022366)

**Co-Ed Volleyball**

Anyone interested in playing open gym Co-Ed Volleyball

(Ages 16 and up) please contact 434-969-4242. Will start in late fall.

Co-Ed Tennis Clinic

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOSP0fCu4sYCFcg1Pgod-O8O2Q&url=http://www.hellokids.com/r_1155/coloring-pages/sport-coloring-pages/tennis-coloring-pages&ei=2Q-pVaS_Dcjr-AH437vIDQ&bvm=bv.97949915,d.cWw&psig=AFQjCNG9299ypTED1R_xhV2NuUJtn5keUA&ust=1437229391558411)

**Dates:** June 12-16, 2017

**Time:** 9:00AM to 10:30AM

**Ages:** 8-18

**Location:** Buckingham County High School

**Cost:** $20.00

**Instructor:** Erin Lake

**Deadline:** June 8, 2017

Yoga Classes

Hatha-1 Beginner

Hatha-1 Intermediate

Yoga Class: Year Round Program

Day Class: Wednesday 9:30AM to 11:15AM

Ages: 12 to Adult

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwixxI74iIfMAhXDaD4KHS_RDf4QjRwIBw&url=http://clipartbold.com/clipart-18391.html&bvm=bv.119028448,d.cWw&psig=AFQjCNEdMamNn8cweUJSP1FdlSXRn6i4qQ&ust=1460480649510970)

Location: Buckingham Agricultural Building

Cost: $30.00 (4 consecutive classes) or

$45.00 (6 consecutive classes)

Instructor: Hope Mell

You will need: Yoga mat, large towel, or blanket. This class reduces stress and increases health. Yoga will focus on postures, relaxation, breath control, and mental concentration. Improves flexibility, strength, and balance. Please wear loose-fitting clothing that does not restrict movement. NO JEANS.

**Sprouse’s Corner Ranch, LLC**

Is a family owned and operated horse and cattle operation in the Heart of Virginia. Horse boarding, riding lessons, pony parties, horse shows, camps, and workshops are all a part of what we do at the Ranch. We specialize in learning and living with horses with an emphasis on fun. We invite you to join our family on this journey of learning and living- the exciting way.

**2016 Summer Camp Dates**

Each camp is Monday-Friday, 9:00AM to 4:00PM, except Jr. Hoof Picker Camp.

The cost of camps include snacks and a t-shirt.

**Jr. Hoof Picker Camp June 5-9**

This camp is offered for 4-7 year olds. It is Monday-Friday, 9:00AM to 12:00PM. Experienced ponies will teach these junior campers safety and grooming skills at their own pace. Cost: $199.00

**Horsemanship I Camp June 19-23 and July 10-14**

This camp is geared toward beginning and intermediate students, ages 7-16. English and Western riding lessons will be taught by a CHA certified instructor. Lessons are formatted in a progressive manner emphasizing communication skills, body alignment, and balance. Campers will perform a horse show for the parents and family on the last day of camp. Cost: $250.00

**Horsemanship II Camp July 24-28**

This camp is offered for intermediate and advanced riders or riders who have completed Horsemanship I camp. Riding lessons will focus on developing an independent seat, more advanced riding skills, and a more in-depth study of horse management skills. This camp introduces hunt seat, western, gymkhana, and a saddle seat riding styles, as well as the opportunity to learn to drive a cart. Campers will also have the opportunity to demonstrate their new skills to the parents and family on the last day of camp. Cost: $275.00

**Advanced Camp July 31- August 4**

This camp is offered for advanced riders, ages 7-17, who have developed an independent seat at the walk, trot, and canter. Riders will practice more advanced skills in dressage, jumping, saddle seat riding, and western games such as barrel racing and pole bending. Cost: $350.00

**16680 West James Anderson Highway**

**Buckingham, VA 23921**

**434-983-8181 http://sprousescornerranch.com/-camps**

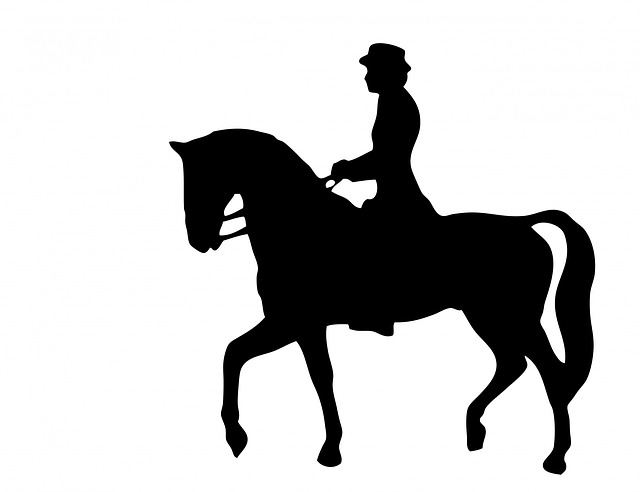
**Sprouse’s Corner Ranch, LLC**

16680 West James Anderson Highway

Buckingham, VA 23921

434-983-8181

www.sprousescornerranch.com

[](https://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwj1pc34le7LAhWQsh4KHUaiCyUQjRwIBw&url=https://pixabay.com/en/horse-rider-horse-riding-black-937692/&bvm=bv.118443451,d.dmo&psig=AFQjCNHGkzDKhLrVvC-_v3mEZFrPzrmCzA&ust=1459625246541302)

**Lesson Prices**

**Private Lessons:**

Package of 10 lessons $40 each

Package of 4 lessons $45 each

Single lesson $50

**Group Lessons:**

Package of 10 lessons $30 each

Package of 4 lessons $35 each

Single Group Lesson $40

**2017 Show/Event Schedule**

**May 19th**  Friday Night Thunder-

Speed and Game Show Series

**June 17th** 4H Qualifying & Series Summer Horse Show

**July 7th**  Friday Night Thunder-

Speed and Game Show Series

**August 11th**  Friday Night Thunder-

Speed and Game Show Series

**October 6th**  Friday Night Thunder-

Speed and Game Show Series

**October 14th** 4H Qualifying & Series Summer Horse Show

**http://sprousescornerranch.com/-horse\_shows**

**The Commonwealth Games** is an Olympic-style amateur sports festival for male and female athletes of all ages and abilities. The Commonwealth Games is produced by Virginia Amateur Sports, Inc., a non-profit corporation located in Roanoke. The concept of the State Games movement is to provide an avenue for positive personal development through sports, to recognize dedication and achievement, to promote health, fitness, and the camaraderie of competition. The 2016 Games will feature the sporting events:

Archery Figure Skating Shooting

Badminton Gymnastics Soccer

Baseball Ice Hockey Softball

Basketball Jujutsu Swimming

Baton Karate Tennis

Bowling Lacrosse Track & Field

Chess Mountain Biking Volleyball

Equestrian Rugby & many more

Field Hockey Running

ELIGIBILITY:

-Resident of VA for 30 days prior to the first day of competition -OR-

-Students enrolled at a VA academic institution -OR-

-U.S. Military personnel of family members stationed at a base in Virginia.

-**Exceptions:** Persons residing in adjacent states who belong to a club based in Virginia, which regularly competes in Virginia -OR- Persons who are employed full time in Virginia.

EVENT DATES: May 22-Nov. 17 (July 21, 2017-Open Ceremonies in Roanoke)

AGES: There is no particular age required to participate in the Commonwealth Games. In general, age division, will determined by the athlete’s age as of the first day of competition.

**For more information or dates for events go to** [**www.commonwealthgames.org**](http://www.commonwealthgames.org)

“Big League Dreams” Baseball Instruction

* Individual Instruction
* Pitching, Hitting, and Fielding Fundamentals
* Video Analysis

[](https://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjml7G0iPXLAhXBph4KHS1eCyUQjRwIBw&url=https://www.pinterest.com/pin/479351954061806860/&bvm=bv.118443451,d.dmo&psig=AFQjCNFqInQ2VL_4E0AuoGyYIbMPYtggdw&ust=1459862129333328)

**Instruction by appointment**

1 hour private lesson $35.00

1 hour for two participants $20.00 each

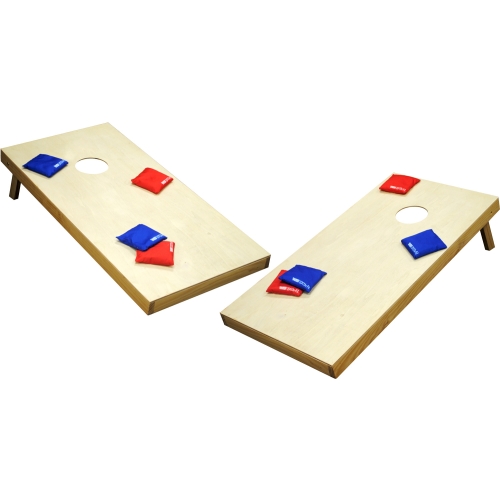
*\*Sibling discounts\**

**For Information or Appointment**

Call Tim Hoag 843-340-5246

Instructor: Tim Hoag

* 30+ Years Coaching Experience
* “Ripken Experience” Instructor-Myrtle Beach, SC
* Played 4 years College Baseball
* Valley League All Star Pitcher
* Pitched 2 Seasons Professionally

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwiU7Lf3lPXLAhWD4D4KHSpJDesQjRwIBw&url=http://www.dickssportinggoods.com/products/cornhole-boards.jsp&bvm=bv.118443451,d.dmo&psig=AFQjCNE9d3lXXDBRrbAUpeeQbpApM4Oyvw&ust=1459865495159837)

**Adult Cornhole League**

Ages 17 and up

Location: Old Dillwyn Primary School

(Beside Dollar General)

This program starts mid Winter.

**Call Todd Shumaker at 434-969-4242**

**for more information.**

Gymnastics Program

**Ages:** 3-14 (Co-Ed)

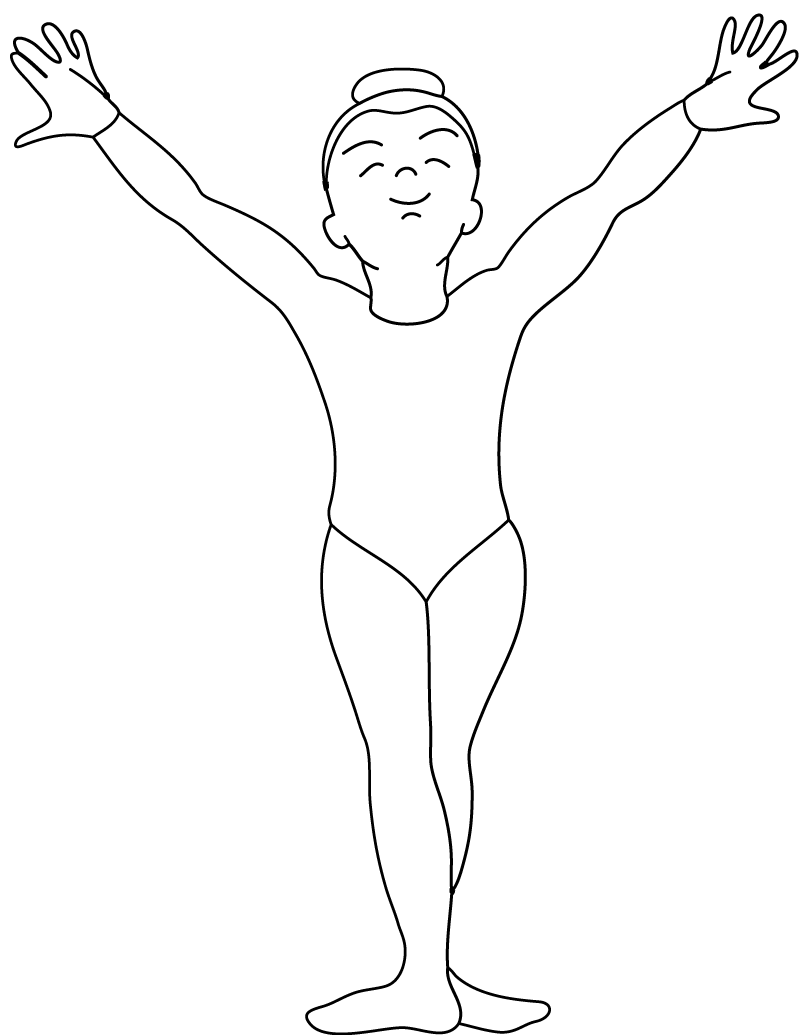
**Cost:** $40.00

**Class:** 6 weeks

Gymnastics is a great way to

learn key things in life such as…

**Physical Development:**

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwinhoaApP_LAhWFpR4KHUL1D-MQjRwIBw&url=http://worldartsme.com/printable-gymnastics-clipart.html&bvm=bv.118817766,d.dmo&psig=AFQjCNGatU7DuA8tUO2grXiiwbcTju833A&ust=1460212991310843)

Strength

Flexibility

Balance

Coordination

**Social Development:**

Interaction with other children

Enhances cooperative group participation

Following directions

Builds friendships

**Intellectual Development:**

Build strong listening skills

Develop longer attention spans

Reinforce problem solving skills

Learn to take risks

**Emotional Development:**

Handle success and failure

Express feelings

Fall sessions will begin by the end of September.

This program is more for beginners and minor advanced.

Classes fill quickly! Be sure to register early!

For quick and easy registration visit our website...

www.buckinghamrec.net

**Youth Football Signups**

[](https://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwidjJ_Xpb7MAhWCjz4KHYx3Ay0QjRwIBw&url=https://vccoordinator.wordpress.com/tag/appalachian-state-university/&bvm=bv.121070826,d.cWw&psig=AFQjCNFCn7UTBmAe299kuIBlnKOnZuvU-g&ust=1462378253520207)

Youth Football signups will be all

through the month of May and June at

Gene Dixon Ball Park.

For dates and times please email

buckinghamcountyyouthleague@gmail.com

or visit their Facebook page:

Buckingham County Youth League.

**Ages:** 5 to 13 (Age as of September 1st)

**Cost:** $55.00 (First Child) $50.00 (Second Child of the Same Family)

**Buckingham Fundamental FREE Football Camp**

**Location:** Buckingham County High School Track Field

**Dates & Times:**

Friday, July 14, 2017 5:00PM-7:30PM

Saturday, July 15, 2017 8:00AM-10:00AM

**Ages:** 5 to 13

**Girls Cheerleading Signups for Football**

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjv6Yfepr7MAhUFNT4KHUd8ACsQjRwIBw&url=http://clipartcow.com/cheerleader-clipart-image-12949/&bvm=bv.121070826,d.cWw&psig=AFQjCNGyOj6wwtwCxradZo13f5CfvaKrOw&ust=1462378533584110)

Girls Cheerleading signups will be all

through the month of May and June at

Gene Dixon Ball Park.

For dates and times please email

buckinghamcountyyouthleague@gmail.com

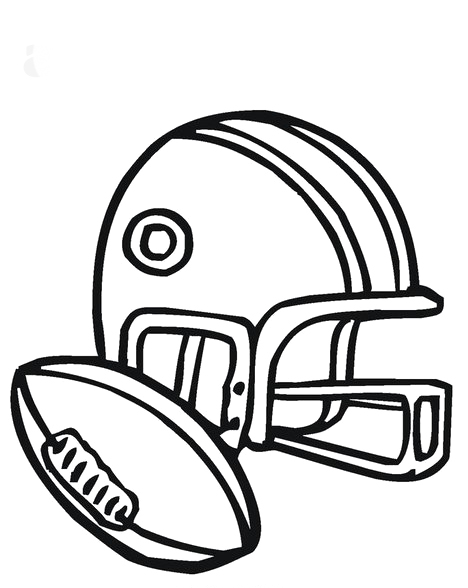
or visit their Facebook page:

Buckingham County Youth League.

**Ages:** 6 to 12

**Cost:** $55.00 (First Child) $50.00 (Second Child of the Same Family)

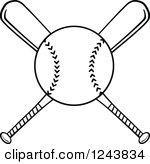
Adult Flag Football

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwiG_aeGqb7MAhXMNj4KHR3qBCsQjRwIBw&url=http://cliparts.co/clipart/2617453&bvm=bv.121070826,d.cWw&psig=AFQjCNHtIhfopQWQQVuemh6wFNXMHkmnOw&ust=1462379157380397)

If anyone is interested in entering a team into Adult Flag

Football League contact Todd Shumaker at 969-4242.

**Buckingham County Youth League**

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwip0vP5hI_MAhUEbj4KHUIoAUAQjRwIBw&url=http://www.clipartof.com/portfolio/ctsankov/illustration/cartoon-softball-baseball-1243816.html&bvm=bv.119408272,d.cWw&psig=AFQjCNF5Ylq_O3yiEM02mPaTp0r9kebT2w&ust=1460754559168865)

**2017 District and State Tournament Schedule**

Girls Softball Tournament

|  |  |  |
| --- | --- | --- |
| **TEAM** | **DATE** | **LOCATION** |
| Darlings | Saturday, June 17th | Cumberland |
| Ponytails | Saturday, June 17th | Cumberland |
| Angels | Saturday, June 24th | Cumberland |
| Belles | Saturday, June 24th | Cumberland |
| Darlings State | Friday, July 14th | South Hill |
| Angels State | Friday, July 14th | Lunenburg |
| Ponytails State | Friday, July 14th | South Hill |
| Belles State | Friday, July 14th | Rustburg |
| Debs State | Friday, July 14th | Dinwiddie |

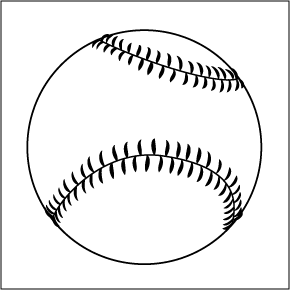
Boys Baseball Tournament

|  |  |  |
| --- | --- | --- |
| **TEAM** | **DATE** | **LOCATION** |
| T-Ball | Friday, June 16th | Goochland |
| Coach Pitch | Friday, June 23rd | Scottsville |
| Majors | Friday, June 30th | Buckingham |
| Minors | Saturday, July 1st | Buckingham |
| Coach Pitch State | Friday, July 14th | Brookneal |
| Majors State | Friday, July 14th | Lunenburg |
| Minors State | Friday, July 21st | Appomattox |

**Fall Baseball & Softball Signups**

Fall Baseball and Softball signups will be all through the month of May and June at Gene Dixon Ball Park.

For dates and times please email

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwi56KSD28PMAhUFPD4KHe3VCtYQjRwIBw&url=http://clipartsign.com/image/5365/&bvm=bv.121421273,d.cWw&psig=AFQjCNE0tPi4YS9Vv_BDn-tjqDavsidZdg&ust=1462564376227131)

buckinghamcountyyouthleague@gmail.com

or visit their Facebook page:

Buckingham County Youth League.

**Cost:** $40.00

\*Fall ball season will start in September.

You will be contacted by coaches for starting dates.

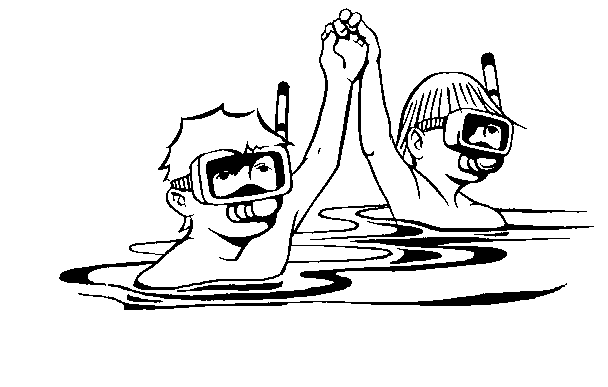
James River State Park

104 Green Hill Drive, Gladstone, VA 24553

**2017 Schedule of Events**

May 6th Tye Overlook Wagon

Pond Critters

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwiFgImDvfXLAhVLNj4KHYqFC-QQjRwIBw&url=http://www.clipartpanda.com/categories/buddy-20clipart&bvm=bv.118443451,d.dmo&psig=AFQjCNFmjM4MU0P3x3IyzbNEg5RiVqjQng&ust=1459876257636164)

May 13th Tye Overlook Wagon

Kid Craft Nature Hour

GPS Treasure Hunt

May 20th Tye Overlook Wagon

Kid Craft Nature Hour

Animal Tracks

May 27th Tye Overlook Wagon

Gudied Canoe Trip

Animal Tracks

May 28th  Feeding Frenzy

June 3rd Tye Overlook Wagon

June 10th Tye Overlook Wagon

Gudied Canoe Trip

June 17th Tye Overlook Wagon

**James River State Park has a lot more to offer!**

**Check out their website below!**

James River State Park also offers modern cabins and lodges available for rent, as well as excellent camping sites and equestrian camping facilities.

**For more information about these fun and informative events please contact 434-933-4355 or go online to**

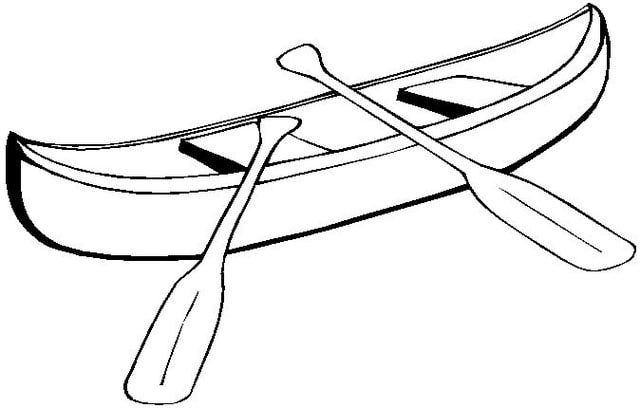
[**www.dcr.virginia.gov/state-parks/james-river**](http://www.dcr.virginia.gov/state-parks/james-river)

**James River State Park Interpretive Programs**

Interpretive programs are held Thursday through Sunday, from Memorial Day through Labor Day and select weekends throughout the year! Check the James River State Park website for events, times, and cost (if applicable). This is just a small sample of the many programs available!

**Tye Overlook Wagon**

Take a ride with the Park Naturalist to the scenic Tye Overlook. Discover some history behind this beautiful spot as well as learning about the park itself. Pre-registration is required, and the rides are $3.00 per person or $8.00 per family.

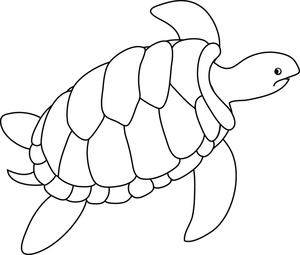
[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjgquaq0PXLAhXDPD4KHe5DB-UQjRwIBw&url=http://cliparts.co/clipart/2933739&bvm=bv.118443451,d.dmo&psig=AFQjCNGHyNMWMZnn_mNRH5TiBs7unme0zw&ust=1459881425890217)

**Guided Canoe Trip**

Join the park interpreter for a 2 mile canoe paddle in the river! We’ll discuss a number of things as we float along, and hopefully see some wildlife. Eagles, Osprey, Great Blue Herons, several different types of fish, and maybe even an otter or muskrat! The group will also stop at Treasure Island (which is about halfway through the trip) to see if we can find any aquatic wildlife. Pre-registration required. $5.00 per person (includes canoe). Ages 6 and up.

**Pond Critters**

Join us as we take a walk around Green Hill Pond to discover what lives in and around the pond! We’ll use dip nets to try and catch some critters and talk about what they are. This program is FREE!

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwiQg8fF0PXLAhVCyj4KHXhCB-wQjRwIBw&url=http://worldartsme.com/sea-turtle-black-and-white-clipart.html&bvm=bv.118443451,d.dmo&psig=AFQjCNHsDVDjz9XgZGzmt0YGDCZvnOjM7Q&ust=1459881499559171)

**Feeding Frenzy**

Every Sunday morning we feed the animals we have staying in the park. Help us feed the turtles, fish, and snakes and learn about what they eat. This program is FREE!